

Productivity: Lesson One

Lesson Title: What is Productive? Self-Motivation Creates Productivity

Objective: To define productive - To teach strategies to enhance productivity

Grade: 6/8 **Time:** 25-30 minutes

Materials: Board and Marker, Being Productive Sheet

1. Tell the class that you are starting a unit to raise productivity at our school. Explain how raising productivity will help students be successful in school.
2. Ask the class to define productive. You can use one of their definitions or this one: To accomplish tasks in a timely manner.
3. Have students tell what makes a person productive. Some examples are to be: a) a hard worker b) organized c) motivated d) resourceful e) persevere - don't give up
4. Have a student read the 'Be Productive' sheet to the class. Discuss the five components.
5. Ask the students: a) Write which one of the five components they do best. b) Write an example of how you do well on this component. c) Write which one of the five components they would like to improve. b) Write an example of how you could improve on this component.
6. Have the students share their answers with a partner.
7. Ask the students to share their answers with the class.
8. Read this to the class: Being a self-motivated person means a) Finding discipline within yourself. b) Taking responsibility for doing what you say you will do c) Setting and meeting your goals. d) Getting rid of habits that don't help you
9. Discuss being self-motivated with the class.
10. Have the class vote on which component in #8 is most important to being self-motivated.
11. Review the 'Being Productive Sheet' and being self-motivated.
12. Ask students what it means to find discipline within yourself, not just outside yourself.
13. Have a student read 'Show Your Motivation!' to the class.
14. Ask students how taking small steps can help you be productive.
15. Have students answer the 'How Motivated Am I?' section.
16. Ask students to answer the 'I showed motivation this week by:' section.
17. Ask students to answer the 'Something I am motivated to accomplish is:' section.

Be Productive

Productive Students Are:

Hard Workers

Organized

Motivated

Resourceful

And Don't Give Up

Productivity: Lesson Two

Lesson Title: Motivation

Objective: To connect motivation with productivity

Grade: 6/8 **Time:** 25-30 minutes

Materials: Board and Marker, Being Productive Sheet

1. Review the 'Being Productive Sheet' and being self-motivated.
2. Ask students what it means to find discipline within yourself, not just outside yourself.
3. Ask the students: Give some examples of people being disciplined. How can being disciplined help you with motivation?
4. Read this to students: a) Have goals for each week. b) Take small steps to your long-term goals. c) Do your homework everyday so you don't fall behind.
5. Have students give examples for ##5.
6. Write these questions on the board and have students answer them: a) Have I set short and long-term goals b) Do I do what I say I will do? c) Do I try to solve my problems or just give up? d) Do I learn from my mistake?
7. Ask students to write one way they showed motivation this week.
8. Ask students to write on thing they are motivated to do in the next week.
9. Review setting and accomplishing goals and how to demonstrate motivation.

Productivity: Lesson Three

Lesson Title: Persevere and Be Productive

Objective: To examine how persevering helps productivity

Grade: 6/8 **Time:** 25-30 minutes

Materials: Board and Marker

1. Review setting and accomplishing goals and how to demonstrate motivation.
2. Read to the students: Persevering means a) Don't give up when things are not easy. b) Get help when you need it. c) Always do your best.
3. Ask the students: Write some examples of how you persevere at a) home b) school c) a sport or activity
4. Have students share their answers with the class.
5. Read this quote to the class: 'Persevering people overcome obstacles to pursue their goals.'
6. Discuss with the class what this quote means.
7. Ask students to write one way they showed motivation this week.
8. Ask students to write one goal they are motivated to accomplish in the next week.
9. Review setting and accomplishing goals and how to demonstrate motivation.

Productivity: Lesson Four

Lesson Title: Be Resourceful and You Will Be Productive

Objective: To examine how being resourceful helps productivity

Grade: 6/8 **Time:** 25-30 minutes

Materials: Board and Marker

1. Review the 'Being Productive Sheet' and Perseverance.
2. Ask students: What does resourceful mean? Use one of their answers or this definition, 'Being imaginative and practical to complete a task.'
3. Write this quote on the board: ' Resourceful people find creative ways to do things or solve problems.'
4. Ask students to name ways students can be resourceful at our school.
5. Ask students to write two ways they could be resourceful when they read a word and don't know what it means.
6. Ask students to read their answers.
7. Ask students to write two ways they could be resourceful when they get an assignment to write a report about a famous person they have never heard of.
8. Ask students to read their answers.
9. Tell the students that you are going to read a quote by Kareem Abdul Jabbar. Ask the student if they know who he is. He was the all-time scoring leader in the NBA until Michael Jordan beat his record.
10. The quote is: 'I can do something else beside stuff a ball through a hoop. My biggest resource is my mind.'
11. Discuss with the class what this quote means.
12. Review the 'Being Productive Sheet', Perseverance and Resourceful.